

Torii

Marine Corps Air Station
Iwakuni, Japan



Teller

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**New station
SgtMaj. pg 9**

LtGen. John Hall bids farewell

Editor's Note: LtGen. John Hall Jr. is commander of U.S. Forces, Japan, and commander, 5th Air Force at Yokota Air Base, Japan. In these two command positions, he is the senior U.S. military representative in Japan and commander of U.S. Air Force units in Japan respectively.

Today, I turn over command of U.S. Forces, Japan, and Fifth Air Force to LtGen. Paul Hester. Jill and I return to the United States to begin a new chapter in our lives, after nearly 33 years of military service. We have loved our time in the military and in Japan, and we have

and exercising.

At the same time, the Japanese people have become increasingly concerned with and outspoken in their objections to the inconveniences of military training, both theirs and ours. Their concerns about noise and safety and their desire to reduce U.S. military presence do not contradict their views on security. The Japanese people know that "freedom isn't free"; and they seek to balance the sacrifices they make for security with the quality of life they desire. We must continue to work with our neighboring communities to ensure they feel they are getting good value for their contributions.

All of our installations have excellent community relations programs; it is part of our military culture to "give back" to our communities. Already, many of you help the orphans, elderly, and homeless; you beautify the community and strengthen educational and cultural

We must continue to work with our neighboring communities to ensure they feel they are getting good value for their contributions.

LtGen. John Hall Jr.

met and worked with countless talented people. I want to thank our gracious host nation for generous support and all members of our military community in Japan-active-duty, civilians, family members, and host-nation employees-for the work you do each day to keep our United States-Japan alliance strong.

The Japan I am leaving is awakening to its new security role in the world. The launch of a ballistic missile from North Korea a year ago brought a new awareness of the fragile nature of peace to a people who have been reluctant to suggest any changes to their "peace constitution."

The passage of new Defense Guidelines, however, indicates Japan's desire to contribute to regional and global security needs. The guidelines give us the tools to maintain a credible defense in a more complex security environment. I am encouraged by this gradual migration to a more appropriate role for the Japanese military and especially by our recent progress in bilateral planning

ties. I repeat my most oft given advice: Get off base and see this beautiful country; take every opportunity to meet the Japanese people; learn a few words of the language; read about their rich history and culture; enjoy the wonderful hospitality that is so readily offered.

I ask each of you to continue to be an ambassador for your country and service, and to continue to represent America's finest ideals. I thank each of you for the sacrifices you make when you leave the familiarity of home and extended family to serve overseas. I salute you for your professionalism and dedication. Jill and I depart with priceless memories and experiences as reminders of our time in Japan. We hope that your time in Japan will become equally precious to you and your families.

/s/ LtGen. John Hall Jr.
commander of U.S. Forces, Japan and
commander, 5th Air Force



Our Cover

Marines from MALS-12 perform Swim Qualification training as part of their Contingency Response Plan training Aug. 16 to Aug. 27. See Page 8 for more on MALS-12 training. (photo by Sgt. Timothy LeMaster)

Torii Teller

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253-5551 or 253-5554 (fax)

News Briefs

SJA Move

The Office of the Station Judge Advocate has moved to Bldg. 608, the new Law Building, located directly behind the old PMO building. All office and fax phone numbers are the same. For more information call 253-5591.

Telephone Bills

Because the normal telephone due date is a Sunday and Monday a holiday, the due date for telephone bills is Tuesday, 4:30 p.m.

Post Office Hours

The Post Office will alter its hours this weekend due to the Labor Day holiday. The Post Office will be open today, 9:30 a.m.-1 p.m., and will not reopen until Tuesday, 9:30 a.m., when normal hours will resume.

Commissary Closure

Because of the extended Labor Day weekend, the Commissary will be closed Tuesday. Normal operations will resume Wednesday at 10 a.m. For more information call 253-5586.

Fraud Scams

U.S. Postal Service Inspectors warn against a fraud scam using e-mail, pagers or answering services. A message is sent requesting an immediate call to a number with an 809 area code. The caller is charged \$25 per minute and encounters automated answers or other methods to keep the caller on the line. Naval Criminal Investigation Service advises residents not to respond to unsolicited or unknown e-mail, page or voice mail soliciting a call to an 800 or 900 number unless certain what company is calling.



photo by Cpl. Ryan Bradburn

LCpl. Rocky Chicoma, air terminal operations center controller, whittles away at some tasks at the air terminal.

AMC flights to be shortened

by SSgt. Michelle Smith
Press Chief

Starting October trips going to and returning from the continental United States on the Patriot Express will be shorter.

According to GySgt. Carlos Feliciano, Air Mobility Command, staff noncommissioned officer-in-charge, the flight will no longer be stopping in Alaska. The flight will be longer if they continue to stop in Alaska by four hours not to include delays.

"America TransAir has purchased an aircraft that has the capability of making longer flights, which will cut travel time considerably," Feliciano said.

The Patriot Express, once it leaves MCAS Iwakuni, goes to Misawa Air Base then on to Seattle and ends in Los Angeles. The return flight comes from Los Angeles back to Seattle, on to Yokota Air Base and ends here.

In addition to this change, the arrival and departure date of the Patriot Express is changing.

"Also in October the Patriot Express' arrival and departure dates will be Wednesday instead of Thursday and Fridays," Feliciano said.

Headquarters AMC and the contractor made the determination for the change, Feliciano said.



AFN Radio Changes

The AFN has announced changes to its weekday morning and Sunday radio programming. During the Monday through Friday live "Morning Air Strike," you can now hear "James Dobson Commentary." This daily feature airs weekday mornings at 5:58 a.m. and again at 7:58 a.m. The other change is a new line-up to the AFN Sunday morning religious radio programming. The shows "Focus on the Family" and "Contact" were added. The new schedule now is:

7 a.m.	Amen Corner
7:30 a.m.	Focus on the Family
8 a.m.	20-The Countdown Magazine
9 a.m.	Contact

Station sergeant major prepares to retire, leaves words of wisdom

by Cpl. Ryan Bradburn
Torii Teller Staff

Sergeant Major Herve St-Pierre passed on the duties of station sergeant major to SgtMaj. Ralph Guerrero, Jr. during a Post/Relief Ceremony Aug. 27 in Building 291B.

The ceremony commemorated an end to St-Pierre's more than 2 year's time as station sergeant major, 4 years on station and almost 30 years in the Marine Corps, though he will remain on active duty until Dec. 31.

St-Pierre, born Aug. 15, 1944 in St. Pamphile, Canada, fulfilled a personal dream by joining the Marine Corps April 22, 1970.

"I was in Canada at a place where we were dancing," he recalled. "I was watching the news and they were showing pictures of Vietnam during a combat mission. The unit that was getting inserted was Recon Marines. At that time I told my friends I would become one of them."

When he headed to recruit training at Parris Island, S.C., St-Pierre was still learning English. Despite the language barrier, a drill instructor further encouraged him to join reconnaissance.

"My DI (drill instructor) was a former Recon Marine. He just came back from Vietnam. I didn't know that, so I told him I wanted to be recon," he said. "He was hard on me."

After 1st Infantry Training at Camp Geiger, N.C., he went to 2nd Infantry Training and Base Reconnaissance Training at Camp Pendleton, Calif.

In his years with recon, St-Pierre accomplished goals and overcame hurdles.

"In that first 18 years with recon, I completed pretty much every dream I ever had," he said. "I jumped from 22,000 feet, swam with sharks, escaped from a submarine underwater, went from one side of a submarine completely underwater to the other side. All kinds of weird stuff."

Since leaving recon, his billets took him to new levels. "After that, that was challenge," he said. "I thought recon was everything, but I found out there's a lot that a Marine can be."

St-Pierre took on roles from instructing to guard chief to platoon sergeant. It was during a tour in Texas that he met his wife, SSgt. Yolanda St. Pierre, who serves as property control chief for the air station.



photo by Sgt. Timothy LeMaster

SgtMaj. Herve St-Pierre leads H&HS Squadron in one final formation run on the seawall Aug. 26. St-Pierre's Post/Relief ceremony has held Aug. 27.

During his time here, the sergeant major has become involved in life throughout the station, striving to improve morale through his actions. He is known for taking servicemembers and their familymembers rappelling and has been involved with children from the Boy Scouts to the Drug Education For Youth Program.

"He loves kids," said his wife. "Everything outdoors ... he did it for them."

Marines aboard the station aren't immune from his motivation, either — even those fresh off the plane.

"He goes out of his way to do whatever he can to make it easy," she said. "He greeted every plane he possibly could and said, 'If you really feel nobody cares about you, call me up.'"

The sergeant major adopted the new commandant's philosophy, of saying yes to Marine's requests, readily. "I'm the 'yes' person," he said. "I will do everything for the troops. If you don't treat them properly, they are just a number and they will try to forget you."

Each generation should be trained better and treated more justly, according to his creed.

"Train them to make them better than you are," he said. "If you respect them, they will remember that. I think it's important that you train them and they know one day they will do excellent."

"You know you treat them nice if they see you from a

Marines give lift to relief effort in Turkey

by Cpl. Jimmie Perkins
26th MEU (SOC)

TOPEL, TURKEY — Helicopters from the 26th Marine Expeditionary Unit (Special Operations Capable) began their mission of taking relief supplies to distribution points Aug. 26. A CH-53E Super Stallion transported much-needed drinking water and hygiene products to a civilian airfield, here.

According to 1stLt. Ryan Dunham, an engineering officer from MEU Service Support Group 26 (MSSG-26), the existing water supply at the airfield is no longer safe to drink following last week's earthquake.

"Since many of the water sources are contaminated by fuel, oil, and sewage leaks caused by the earthquake, the Marines will fly in water from the ships," said Ryan.

The *USS Kearsarge*, *USS Ponce*, and *USS Gunston Hall* are capable of producing 290,000 gallons of potable water each day.

In addition to the water, Marines delivered pallets of what will soon be



photo by CWO Seth Rossman

Marines of the 26th Marine Expeditionary Unit (Special Operations Capable) unload a pallet of bottled water from a CH-53E Super Stallion at the Turkish naval base at Topel, Turkey. The Marines are assisting in relief efforts in the wake of a devastating earthquake.

over 45 tons of relief supplies, such as blankets and toothpaste. These items will be staged and distributed from the 26th MEU's forward support base at Topel.

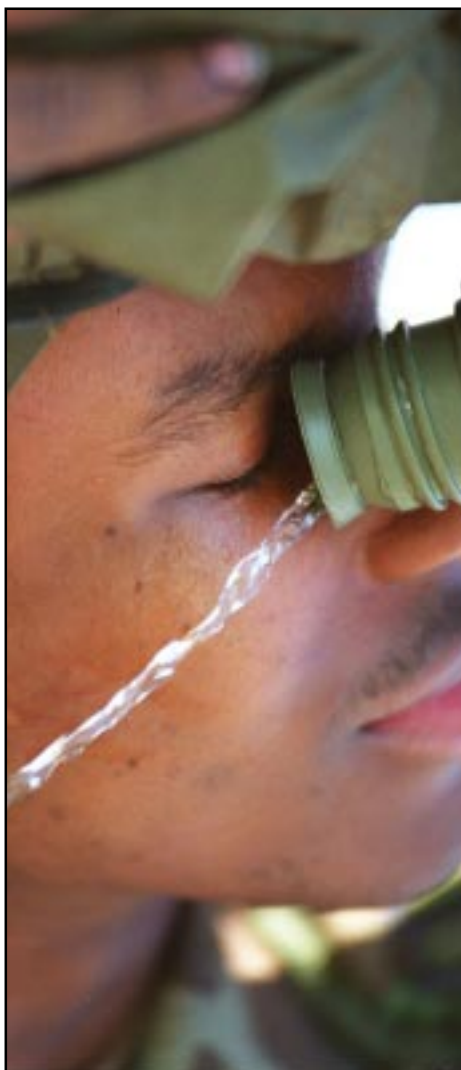
"This is going to become the main center for all United States humanitarian aid distribution," said LtCol. Paul Brygider, commanding officer of MSSG-26. "We will collect all the humanitarian aid here and redistribute it to the affected regions, based on where the Turkish government asks us."

The Marines will establish a systems operation control center to

coordinate and bring together various U.S. agencies and non-governmental organizations lending a hand in the relief effort.

"They have the supplies, we have the manpower and the operational structure to begin getting these supplies where they are most needed," said Brygider.

This weekend, the 26th MEU(SOC) will begin receiving 4,000 tents donated by the United States and Pakistan. Marines will erect tents for those left homeless by the earthquake. Locations for the tent cities are still being determined.



NBC training m

by **Cpl. Ryan Bradburn**
Torii Teller Staff

Marines from CSSD-36 turned Nuclear, Biological and Chemical warfare training into a friendly competition Aug. 25 during their annual NBC Intramural Exercise.

Approximately 60 Marines from the unit's maintenance supply and headquarters sections divided into six teams to run through seven stations. They rotated among six stations and ended the morning with tug-of-war.

"Overall, it lasted half a day and went really well," said Cpl. Benjamin Minters, NBC noncommissioned officer.

The exercise had a three-fold purpose, according to Minters. It was meant to bring the Marines together for fellowship, increase the camaraderie and provide an evaluation for CSSD-36's commanding officer, helping prepare the unit for an upcoming Operation Readiness Inspection.

Throughout the morning, their

Marines' honed skills dealing with NBC warfare. Marines demonstrated and practiced using the Nerve Agent Antidote Kit 1 at one station. They ran relays in NBC gear carrying a teammate in a stretcher or fireman's carry. At other stations, Marines reacted to a chemical spray attack and worked with the M291 Decontamination Kit as well as learning eye decontamination.

Every exercise was treated as a competition, but the highlight of the morning was the double-elimination tug-of-war.

"At first the team was kind of down because they didn't really want to do it, but when it came to the tug-of-war, everyone was into it," said Cpl. Sammy Villarreal, Material Issue Point NCO.

For the final competition, Marines who could not don and clear their gas mask in a given time limit were not allowed to help their team.

"Each team lost three or four players the first time," said Minters. "By the second or third time, though, no one was dropping out."



TOP LEFT: Cpl. Antonio Phillips, CSSD-36 supply clerk, flushes his eyes during the Eye Decon portion of the training. **ABOVE:** A Marine helps another Marine fasten his hood.

made fun

In the end, Team One took first place, coming from the bottom of the loser's bracket.

"The group of guys I had was pretty much good to go on their own," said Sgt. Brian Woodrick, intermediate maintenance motor transportation floor supervisor. "Even though we were getting hot and sweaty and dirty, they had a pretty good attitude about it."

Overall, the morning was a success, pointing out problems and exercising important traits while maintaining a jovial atmosphere.

"Sometimes NBC training is really boring, but this was fun," Woodrick said. "Corporal Minters did a good job of making a competition out of it."



ABOVE: A Marine performs the fireman carry to see the effects of physical exertion while wearing a gas mask.

LEFT: The Marines also practiced injecting themselves with the Nerve Agent Antidote.



photos by LCpl. Richard Longhi

CSSD-36 Marines struggle during the tug-of-war portion of the training. The training is meant to bring the Marines together for fellowship, increase the camaraderie and provide an evaluation for CSSD-36's commanding officer, helping prepare the unit for an upcoming Operation Readiness Inspection.

MALS-12 takes tasks to field

by Cpl. Ryan Bradburn
Torii Teller Staff

Marine Aviation Logistics Squadron-12 exercised their Contingency Response Plan Aug. 16 to 27 at the Northside football field.

The squadron ran drills and exercises to be sure they could be ready to deploy with little warning.

"The exercise gets us ready to deploy on short notice," said Maj. Jimmy Canada, MALS-12 operations officer.

The exercise, designed as a model of what would happen in a real situation, is conducted in two phases.

In a real operation, a Survey, Liaison and Reconnaissance Party departs to scout out the area as part of Stage One, Phase One. At the same time, an Offload Preparation Party of three people is sent to start preparing gear so it is ready to be used as soon as the ship pulls into port.

The advanced party of six Marines goes in to prepare the area during Phase One, Stage Two. At that point,

they are ready to support heavy combat air operations for up to 45 days.

Phase Two includes the introduction of a limited Aviation Support Package. With the merging of these groups, the operation is in full swing.

"Roughly we've got 75 people out there," said Canada. "The whole idea is to be able to support air units."

Though the exercise moved the Marines from their regular location, they continued to support aircraft aboard the station.

Besides continued work in their military occupational specialties, MALS-12 personnel brushed up on their Marine Corps training.

"We are trying to refamiliarize Marines with what they have to do outside of their MOS during a wartime situation," said Canada.

Marines received training on rear security, crew-serve weapons, barrier construction and field hygiene among other things.

"They should have a better appreciation for what the Marine Corps rifleman goes through," Canada said.

Lance Corporal Mike Sherman, cryogenics technician, realized the importance of flexibility through the exercise.

"Things change at the drop of a hat," he said. "If something real pops up, the training will be beneficial."

Marines throughout the group are glad to have been a part of the exercise.

"It's just good readiness training," said LCpl. Delbert Jones, ordnance technician.

News



photo by Sgt. Timothy LeMaster

SgtMaj. St-Pierre enjoys one last workout with his Marines on the parade field Aug. 26.

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distance and they do everything to walk in your direction just to say hi."

The sergeant major was prepared to combat low morale whenever he saw it.

"When somebody starts saying, 'Nobody loves me,' that's a bad time," he said. "That means he doesn't like himself and he feels like nobody likes him."

"When we do rappelling or whatever we're doing, we build self-esteem."

Despite his retirement, the sergeant major doesn't plan on losing any involvement with the Marine Corps and certainly doesn't plan on taking a break. He already has plans for when he and his wife transfer to Hawaii.

"I will try to go back to full-time school," he said. "For two or three months, I will try to stay away from the military and go running and swimming. I want to spend some time in physical training and after that, I will start getting involved in the Single Marine Program."

After getting a degree in computer science, the sergeant major hopes to compile videotapes and photographs for Marines around the Corps. He also plans on making training aids for Marines. On top of academic goals, the sergeant major wants to continue to better himself in the physical realm.

"I don't want to just sit around and feel sorry for myself. No way! I want to become an Iron Man," he said. "I want to do the Honolulu Marathon. My wife beat me last time. This time I'm going to beat her."

Throughout his years with the Marine Corps, the sergeant major has accomplished many goals. Still, civilian life will be its own challenge, he said.

"I look at the military life as just a part of my life," he said. "When I get out, there are a lot of hills I have to run. I will still swim with sharks and will still try to work with the youth and the Single Marine Program."

Guerrero relieves St-Pierre

by Cpl. Michael Wiener
Torii Teller Staff

Sergeant Major Ralph Guerrero Jr. became the 21st MCAS Iwakuni sergeant major Aug. 27 in a Retirement/Post and Relief Ceremony at Hanger 209-B.

Guerrero is no stranger to the air station. In 1988, he was the staff noncommissioned officer-in-charge for training and the Non Commissioned Officers' Basic Course, and in 1993, he became the squadron sergeant major.

"This is definitely something I wanted. My family and I have always enjoyed Iwakuni," the Los Angeles native said. "It's a great chance for us to come back here as a final overseas tour."

A grunt by trade, Guerrero was involved in the evacuations of South Vietnam and Cambodia as an M-60 machine gunner. He has also been an instructor at the Infantry Training School.

Despite all the time on the ground-side, Guerrero is confident he'll have no problem being the Sergeant Major of an air station.

"Coming here with a positive attitude and open mind, I'm sure this will be a great tour," he said.



photo by LCpl. Richard Longhi

SgtMaj. Ralph Guerrero accepts his role as station sergeant major and speaks to Marines at the Post and Relief Ceremony Aug. 27.

"I'm going to focus on quality of living, welfare and morale – not just for Marines and Sailors here, but the community as a whole."

Major improvement have been made to the station since his last tour here, and with the commanding

officers's support, Guerrero said he plans to do more to benefit the community.

To do so, however, Guerrero said he needs the support and leadership of his Marines.

"I expect (staff noncommissioned officers-in-charge) to enforce the customs and courtesies we've enforced for more than 200 years," Guerrero said.

Guerrero places as much on his younger troops as he does the more experienced.

"I look for younger Marines to get educated, jump into (professional military education) and not be afraid to take challenges," he said. "The young Marines are the future of the Marine Corps. They might have some new ideas some of us old dogs don't."

After enlisting in July 1974, Guerrero has just more than five years left in the Corps. Although many things have kept him in the Marine Corps for nearly three decades, his commitment boils down to one thing.

"In all sincerity, it's the love of the Corps," he said. "The Marine Corps has been great to my family. I wouldn't trade it for the world."

SGLI and VGLI policyholders now eligible for accelerated death benefits

submitted by
Tony Elliott, CRMC Program Manager

Effective February 1999, in accordance with the Veterans Programs Enhancement Act of 1998, anyone insured under Servicemembers Group Life Insurance and Veterans Group Life Insurance who has been medically certified as terminally ill with nine months or less to live, can collect advance payment of up to 50 percent of the face value of the SGLI/VGLI coverage.

This change is intended to enhance the servicemember's or veteran's final days, providing finances to cover medical and other family primary needs.

The accelerated benefits are paid in lump sum or in \$5,000 increments if less than half of the policy value is

requested. The accelerated benefits are exempt from taxation. The face value of the SGLI or VGLI policy and the monthly premium will be reduced accordingly, monthly payments must continue on the remaining insurance coverage.

To participate, the policyholder must submit an application to the Office of Servicemembers Group Life Insurance. For further information, write them at 213 Washington Street Newark, NJ 07102-2999, call 1-800-419-1473 or email vainsurance@vba.va.gov.

For more information on this and the many other benefits available to you and your family through the Department of Veteran's Affairs, visit the VA's website at <http://www.va.gov>.



Team tackles Tokusagamine

by Cpl. Michael Wiener
Torii Teller Staff

The language of exhaustion is international, so the station running team had no problem fitting in at the 9th Annual Tokusagamine 10K Climbing Race Sunday at Ato Town.

Nine members of the team traveled two hours south to join 349 Japanese runners in a race to the top of Mount Tokusagamine's 939-meter summit.

"It's a humbling experience," said Rory Meehan, the first American to the top in 56 minutes, 16 seconds. "If you think you can run a 10K fast, you're not going to do it here."

The course included paved roads, muddy trails dotted with rocks and grassy ski slopes. But no matter which part of the trail the runners were on, they were going up.

"The stairs at the end were extremely difficult," said Valerie Page, the first American woman to the top in 1:03.50. "My hamstrings were burning from all the other hills – I was just exhausted at that point."

Although the race was a difficult one, a couple of the runners returned from previous years to face the "hill" again.

"I knew what to expect and still went," said Bob Gingras, whose best time up is 1:02. "It was better this time because I knew the course. I knew where to hold back and where to push."

The Health and Promotions Department of MCCS lent their support to the team again, providing not only the

transportation and toll passes, but entry forms and race information.

"One of the reasons we do mystery runs and support the running team is so we can do challenging events like this," said Leah Dillingham, Health and Fitness Promotion director who crossed the finish line despite a pulled glute muscle. "This kind of racing is a great way to see parts of Japan you never thought you would."

The team couldn't participate in these races without Tadama "Turbo" Uemura, recreation specialist.

"There are a lot of demands on the runners to run local races," said Uemura. "I find these races, let them know about it and get them registered."

"Running these races gives us insight into how they run their athletic events compared to ours in the States," said David Hawkins, who finished in 1:22:04. "And it's fun to hang out with all the runners after the race."

After the Mount Fuji Climbing Race in July and the recent Mystery Run which was an uphill struggle, team members have begun to think Dillingham has a thing for hills. She confirmed their suspicions.

"We live on a base that's flat, and I see countless

people running the seawall every day," Dillingham said. "Hill training is an excellent way to increase speed and muscle strength, and it adds variety."

"This is my theory: If you can't bring the mountain to MCAS Iwakuni, we'll just bring MCAS Iwakuni to the mountain."



photos by Cpl. Michael Wiener

TOP: Runners break from the "strat" line at the sound of the pistol. ABOVE: Kim Moore (left) and David Hawkins (far right) make their way up the final stretch of the race.

Martial Arts students take challenge

Air station Tae Kwon Do students kick their way to new belts

by LCpl. Jessica Simonson
Torii Teller Staff

Ten children and four adults showed off their mastery of Tae Kwon Do skills during a belt testing at the Main Gym Dojo, Aug. 25.

The testing, offered approximately every two months, allowed eligible students to advance to a higher level, or gup, by demonstrating their kicks, hand techniques, blocks and forms.

Brian Schaefer, instructor and a second degree black belt in Ki-do, a martial art that combines Tae Kwon Do, Hapkido and Yudo, ran through the instructors' manual and called out the type of move to be performed during the test.

"I tell them when they will be testing," said Schaefer. "If they are



photo by LCpl. Jessica Simonson

Fourteen Tae Kwon Do students tested for new belts at the Main Gym Dojo, Aug. 25. Students must master all the skills required for the belt being tested for as well as all levels beneath.

"In terms of the amount of work, some people have compared getting a black belt to earning an associate's or bachelor's degree," said Schaefer. "It takes the average person three to four years."

Classes are offered on Tuesdays and Thursdays, but often students took the initiative to practice in their spare time to make the day a successful one.

"Being a little older and not as flexible as the other stu-

dents, it was a bit harder," said Donald Page who successfully tested for a red belt, the highest in the class. "I almost had to practice every day — getting to the dojo during lunch and practicing on my own or on the weekends with my family." Though the participants were prepared, it still wasn't easy.

"We had to do all the required movements in a short time span," Donald said. "It was fairly grueling, especially for the adults."

The entire Page family partici-

pated in the day's events. The three children Zoe, DJ, and Robert all demonstrated their expertise during the children's testing, which their father was assisting in the evaluation.

"I love it because I'm a yellow one stripe," said 5 year-old Zoe Page. "It's fun to practice forms."

Zoe also enjoys the time spent in class with her brothers and practicing with her parents.

"It was a little difficult, especially watching Zoe," he said. "I found myself being more critical of her because I know what she is capable of."

According to Schaefer, the class offers more than just a chance to earn a belt.

"It improves flexibility, coordination, cardiovascular endurance, concentration and self-confidence," he said.

"It creates a different bond in the family because we all have something in common," said Donald. "It's a great way to spend quality time together. I would recommend it for anyone who wants to pass time in Iwakuni or get involved in a physical fitness program other than aerobics or running."

"We had to do all the required movements in a short time span. It was fairly grueling, especially for the adults."

Donald Page

testing for a red belt, they are responsible for knowing everything below. I didn't tell if I was going to quiz them on it or not — I can't."

"I went from white to yellow two stripes," said Valerie Page, a student of one month. "The whole time the kids were taking classes, I was sitting there watching. I also do a lot of cardio-kickboxing classes."

Although Valerie reached the fourth gup in one month, time and commitment are required to reach the more advanced levels.

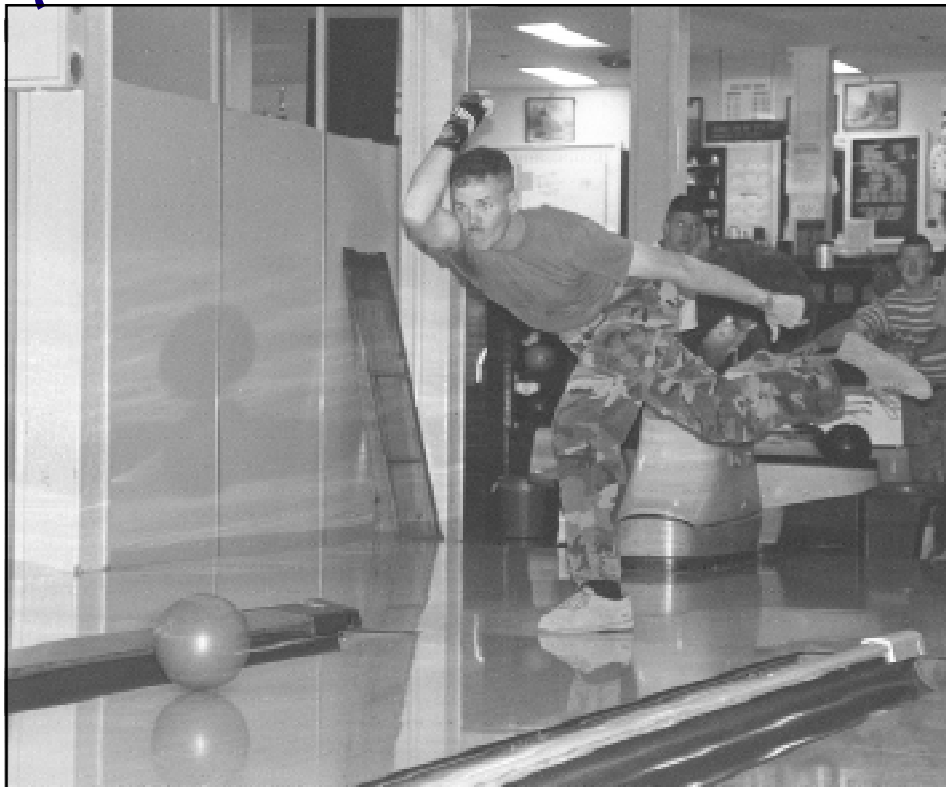


photo by Cpl. Michael Wiener

Mark Thurman, Hammer Head bowler, warms up prior to the championship game.

IYAOYAS reel in Hammer Heads, claim championship

by Cpl. Michael Wiener
Torii Teller Staff

The IYAOYAS battled their way out of the loser's bracket and beat the Hammer Heads in consecutive games, 1750-1747 and 1737-1700, to claim the 1999 Spring/Summer Recreational League Championship.

After losing early in the tournament to the Hammer Heads, IYAOYAS defeated PMO, Adjutant and Friends, Striking ATC and Southside bowling in successive games just to get a shot at the title.

"It was very difficult coming back from the losers' bracket – a lot of luck was involved," said Dustin Hoyle, IYAOYAS bowler. "But beating the Hammerheads in the first game gave us a lot of motivation, and they lost theirs."

"We've bowled these guys many times throughout league play, and it's always been neck-and-neck," said Mark Thurman, Hammer Head

bowler. "They went in 60 pins up on us, and it's hard to make that up plus whatever they bowl over their average – it's the nature of the game." The tournament was comprised the top eight teams in the league and began Aug. 17, the end of the Spring/Summer Recreational league. Although only eight teams made it to the tournament, the league itself was much bigger.

"Twenty teams split between the three playing days," said Capt. Duncan Miller, coordinator for the final roll-off tournament. "Team playing strength was three players, but some teams had up to six players on their rosters." The Winter Recreational League is forming at Southside Lanes and will continue to accept teams until Wednesday. A team captains' meeting is scheduled for Sept. 10 with the first day of bowling on Sept. 14.

Sports Briefs

Boat House Open

The MCCA Marina (formerly the MCCA Boathouse) new hours are Saturday and Sunday 10 a.m.-3 p.m. Authorized patrons may rent sailboats, sailboards, and kayaks. For more information call 253-3822 Monday through Friday during working hours.

Sailboat Certification

MCCA Outdoor Recreation offers United States Sailing Association Level 1/A sailing lessons Oct. 5-8, 4:30-7:30 p.m. Sign up at the Outdoor Recreation Center in the Main Gym. For more information, call 253-3822. There is a fee.

SCUBA Classes

SCUBA will offer the following certification classes in September: open water certification Sept. 1-18; rescue diver Sept. 16-26, and advanced open water Sept. 22-26.

Teen Tackle Football

Teen Tackle Football registration is ongoing at the Youth Center for students in grades 9-12. There is a fee. For more information call 253-3070.

Young Shooters

Young Shooters' Safety Class for youth age 10 and older will be held Sept. 11, 11 a.m. at the Boar's Head Sporting Lodge. No registration is necessary. Call 253-3476/3822 for details.

Golf Tournament

Torii Pines will hold a Single Marine Program golf tournament Sept. 11, 7 a.m. show-time; shotgun start, 7:30 a.m. All Torii Pines authorized patrons and guest are eligible to enter. There is an entry fee. Call 253-3585/3402 for more information.

Friday

9:00 Sesame Street
10:00 Shining Time Station
10:30 Kiana's Flex Appeal
11:00 The Oprah Winfrey Show
12:00 Nightly News
12:30 Wheel of Fortune
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 Sylvester and Tweety Mysteries
3:30 Jack Hanna's Animal Adventures
4:00 Xena: Warrior Princess
5:00 Jeopardy! (TV-G)
5:30 Headline News
6:00 Pacific Report
6:33 CNN/SI
7:00 The Simpsons (TV-PG)
7:30 The Hughleys (TV-PG)
8:00 Star Trek: Voyager (TV-PG)
9:00 X-Files (TV-14)
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Saturday

0:35 ESPN News
1:05 Movies 'til Dawn
1:30 Soapdish (TV-PG)
2:50 Movies 'til Dawn
Die Hard with a Vengeance (TV-14)
5:00 Today Show
7:00 Sesame Street Specials
7:30 Arthur
8:00 Disney's 101 Dalmations
8:30 Disney's Hercules
9:00 Rugrats
9:30 New Ghostwriter Mysteries
10:00 California's Gold
11:00 Hometown (TV-PG)
11:30 California's Gold
12:00 Nightly News
12:30 Navy/Marine Corps News
1:00 WNBA Action (ESPN2)
1:30 Friday Night Fights (ESPN2)
4:00 WWF Superstars (TV-14)
5:00 Soul Train
6:00 Headline News
6:30 ESPN News
7:00 Beverly Hills 90210 (TV-14)
8:00 Melrose Place (TV-14)
9:00 20/20 Friday
10:00 Headline News
10:30 ESPN News
11:00 Saturday Night Live (TV-14)

Sunday

12:30 Videolink
1:00 Movie 'til Dawn
A Gathering of Eagles (TV-PG)
3:05 Movies 'til Dawn
Shenandoah (TV-PG)
5:00 Headline News
5:30 Hours of Power
6:00 Breakthrough
6:30 Taking Authority '98

7:00 Reflections (TV-G)
7:30 Day of Discovery
8:00 Bear in the Big Blue House (TV-Y)
8:30 Reading Rainbow
9:00 Promised Land (TV-PG)
10:00 Family Movie
Charlotte's Web (TV-PG)
12:00 Headline News
12:30 Army Newswatch
1:00 CFB (FEN)
4:30 Xena: Warrior Princess (TV-PG)
5:00 Computer Chronicles
5:30 Wall Street Journal Report
6:00 Headline News
6:30 ESPN News
7:00 America's Funniest Home Videos (TV-G)
8:00 Primetime Movie
The Juror (TV-14)
10:00 Headline News
10:30 Pensacola: Wings of Gold
11:30 Austin City Limits

Monday

12:30 America's Black Forum
1:00 Racing-Breeders Cup (ESPN)
1:30 Inside the PGA Tour (ESPN)
2:00 NASCAR/Winston Cup (ESPN)
6:00 PGA Sr. Golf Final Round (ESPN)
8:00 Headline News
9:00 Sesame Street
10:00 Big Bag
10:30 Kiana's Flex Appeal
11:00 The Oprah Winfrey Show
12:00 Headline News
12:30 Wheel of Fortune
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 All Dogs Go to Heaven
3:30 Superman
4:00 Journey of Allen Strange
4:30 Kenan and Kel
5:00 Jeopardy!
5:30 Headline News
6:00 Headline News
6:33 CNN/SI
7:00 60 Minutes
8:00 Sports Night (TV-14)
8:30 The King of Queens (TV-PG)
9:00 The Practice (TV-14)
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Tuesday

0:35 ESPN News
1:05 Movies 'til Dawn
The Abduction (TV-PG)
2:45 Movies 'til Dawn
The Dark Half (TV-PG)
5:00 Headline News
5:30 ESPN News
6:00 Today Show
8:00 Headline News
8:30 Showbiz Today

9:00 Sesame Street
10:00 Teletubbies (TV-Y)
10:30 Co-Ed Training
11:00 The Oprah Winfrey Show
12:00 Nightly News
12:30 Wheel of Fortune
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 Space Goofs (TV-G)
3:30 SquiggleVision
4:00 Nick News
4:30 Scholastic Sports America
5:00 Jeopardy! (TV-G)
5:30 Headline News
6:00 Pacific Report
6:33 CNN/SI
7:00 Seventh Heaven (TV-G)
8:00 Primetime Movie
One Special Victory
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Wednesday

12:35 ESPN News
1:05 Movies 'til Dawn
Good Morning, Vietnam (TV-PG)
3:15 Movies 'til Dawn
Danielle Steel: Perfect Stranger (TV-PG)
5:00 Headline News
5:30 ESPN News
6:00 Today Show
8:00 Headline News
8:30 Showbiz Today
9:00 Sesame Street
10:00 Shining Time Station
10:30 Bodyshaping
11:00 The Oprah Winfrey Show
12:00 Nightly News
12:30 Wheel of Fortune
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 Disney's The Little Mermaid
3:30 Gargoyles
4:00 Hang Time
4:30 Legends of Hidden Temple
5:00 Jeopardy! (TV-G)
5:30 Headline News
6:00 Pacific Report
6:33 CNN/SI
7:00 Sabrina, the Teenage Witch (TV-PG)
7:30 Boy Meets World (TV-PG)
8:00 Party of Five (TV-14)
9:00 Ally McBeal (TV-14)
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Thursday

0:35 ESPN News
1:05 Movies 'til Dawn
The Wild Bunch (TV-14)
3:15 Movies 'til Dawn
And the Band Played on

(TV-14)
5:00 Headline News
5:30 ESPN News
6:00 Today Show
8:00 Headline News
8:30 Showbiz Today
9:00 Sesame Street
10:00 Teletubbies (TV-Y)
10:30 Co-Ed Training
11:00 The Oprah Winfrey Show
12:00 Nightly News
12:30 Wheel of Fortune (TV-G)
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 Animaniacs
3:30 Pokemon (TV-G)
4:00 Hercules: The Legendary Journeys (TV-PG)
5:00 Jeopardy!
5:30 Headline News
6:00 Pacific Report
6:33 CNN/SI
7:00 Friends (TV-PG)
7:30 Jesse (TV-PG)
8:00 Frasier (TV-PG)
8:35 NYPD Blue (TV-14)
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Friday

12:35 ESPN News
1:05 Movies 'til Dawn
Ordinary People (TV-PG)
3:20 Movies 'til Dawn
L.A. Story (TV-PG)
5:00 Headline News
5:30 ESPN News
6:00 Today Show
8:00 Headline News
8:30 Showbiz Today
9:00 Sesame Street
10:00 Shining Time Station
10:30 Kiana's Flex Appeal
11:00 The Oprah Winfrey Show
12:00 Nightly News
12:30 Wheel of Fortune
1:00 Port Charles (TV-14)
1:25 Guiding Light (TV-14)
2:15 General Hospital (TV-14)
3:05 Sylvester and Tweety Mysteries
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5:00 Jeopardy! (TV-G)
5:30 Headline News
6:00 Pacific Report
6:33 CNN/SI
7:00 The Simpsons (TV-PG)
7:30 The Hughleys (TV-PG)
8:00 Star Trek: Voyager (TV-PG)
9:00 X-Files (TV-14)
10:00 Pacific Report
10:35 Tonight Show w/Leno
11:35 Late Show w/Letterman

Movies

Sakura Theater

Inspector Gadget (PG)

Rated PG for whacky violence/action, language and innuendo
Sept. 3, 7 p.m.; Sept. 4, 4 p.m.; Sept. 5, 3 p.m.; Sept. 7, 7 p.m.

"Inspector Gadget" is a wild and quirky adventure comedy about a somewhat-naive security guard who is literally blown to pieces by the nefarious Dr. Claw. A sexy scientist named Brenda Bradford rebuilds him into a man of many talents and accessories. Using his vast array of grafted-on gizmos to bust bad guys, Gadget is out to fulfill his dream of becoming the world's top detective.

Bowfinger (PG-13)

Rated PG-13 for sex-related material and language
Sept. 3, 9:30 p.m.; Sept. 4, 7 p.m.; Sept. 6, 7 p.m.

Bobby Bowfinger is a shameless wannabe film producer, who is desperate to break into the Hollywood big-time in spite of the fact that he's broke and unconnected. His plans are thwarted when he is unable to land Hollywood's hottest action star, Kit Ramsey for the lead roll in his movie. Undaunted, Bowfinger decides to make the film with Ramsey anyway, except that Kit won't know he's in it.

Determined, Bowfinger and his motley crew surreptitiously stalk their unwitting star through the streets of Los Angeles.

Arlington Road (R)

Rated R for violence and some language
Sept. 4, 10 p.m.; Sept. 5, 7 p.m.; Sept. 8, 7 p.m.

Michael Faraday is a recently widowed college history professor living alone with his 10-year-old son Grant in the suburbs of Washington, D.C. The death of Michael's wife Leah continues to haunt both father and son. Michael and Grant are soon befriended by the Langs, a vivacious, All-American family new to the neighborhood. The parents, Oliver and Cheryl Lang, go out of their way to draw Michael into their lives. Soon, Grant and young Brady Lang become inseparable friends. The Faradays' long period of mourning seems finally to be over.

This schedule is submitted by the Sakura Theater and is subject to change. Any questions or comments can be directed to **MCCS** at 253-4003.

Iwakuni's Theaters

Kokusai:

Sept. 3 - beginning of December
"Star Wars Episode I" - 11 a.m.,
1:30 p.m., 4 p.m., 6:30 p.m.,
(Sat. only) 9 p.m.

New Central I:

Sept. 4
"Matrix" - 4:30 p.m., 7 p.m., 9:30 p.m.
Sept. 11 - beginning of October
"Matrix" - 11:05 a.m., 1:35 p.m.,
4:05 p.m., 6:35 p.m.,
(Sat. only) 9:05 p.m.

New Central II:

Sept. 4-10
"Eyes Wide Shut" - 12 p.m., 3 p.m.,
6 p.m., (Sat. only) 9 p.m.
Sept. 11 - end of September
"Eyes Wide Shut" - 12:25 p.m.,
3:15 p.m., 6:05 p.m.,
(Sat. only) 8:55 p.m.

New Central III:

Sept. 4-10
"Notting Hill" - 11:30 a.m., 1:50 p.m.,
4:10 p.m., 6:30 p.m.,
(Sat. only) 8:50 p.m.
Sept. 11 - beginning of October
"Notting Hill" - 10:50 a.m., 1:10 p.m.,
3:35 p.m., 6 p.m.,
(Sat. only) 8:20 p.m.

Local



Alcoholics Anonymous

Alcoholics Anonymous open meetings are held Tuesdays and Thursdays, 7 p.m. and Wednesdays, 11:30 a.m. Closed meetings are held each Sunday, 7 p.m. A "for women only" open meeting is held the last Saturday of each month at 10 a.m. All meetings are held in Bldg. 497, second floor. For more information call 43-4814.

Medical Clinic Health Promotions Tobacco Cessation Courses

Tobacco Cessation classes will be held Sept. 15, 17, 22, 24, Oct. 13, 15, 20, 22, Nov. 10, 12, 17 and 19. Courses are held in the clinic conference room, 10-11 a.m. Participants must attend all four sessions. For more information call 253-3266.

Controlling Cholesterol Course

A "Controlling Cholesterol Course" will be offered Sept. 30, Oct. 29 and Nov. 18, 10-11 a.m. in the Branch Medical Clinic conference room. This class will help participants understand what cholesterol is, how to reduce it and the importance of good nutrition and regular exercise. For more information call 253-3266.

Cancellation of Spooky Tales

Due to the move into the new building, Spooky Tales will be canceled for this year. Look for their grand opening "Surf's up" party. For more information call 253-3078 or stop by the Station Library.

"Back in the Day" Party

Northern Star Chapter 51 will host "Back in the Day" Party, featuring music from the 70s and the 80s, Saturday, 8 p.m. at the Staff NCO Club. Music provided by D.J. Bob and D.J. Al. The party includes a dance contest, best 70s dress contest and more. For ticket sales call 253-2086/2810.

Volunteer Orientation

The Navy-Marine Corps Relief Society is having a Volunteer Orientation Thursday, noon-2 p.m. in Bldg. 210, Rm. 202. Learn about the society and its volunteer opportunities. For more information call 253-5311.

Jewish Community

The Iwakuni Jewish community will join the Hiroshima Jewish community for services for Rosh Hashana and Yom Kippur. For more information on times and locations call Mark Zeid at 082-231-4008 after 6 p.m.

Hispanic Heritage Month

Hispanic Heritage Month will be celebrated Sept. 15 through Oct. 15. In honor of this month MCAS Iwakuni

would like to display war heroes from World War I to present, of Hispanic descent. If you have a family member that served in the armed forces, and who may have received recognition for valor, call 253-2772 after 6 p.m.

Fiesta Internacional

MCCS will celebrate Hispanic Heritage Month with a Fiesta Internacional Sept. 18, 4-9 p.m. in the MAC Dome. Open to everyone, the event features ethnic dancing, food, and entertainment. For more information call 1st Lt. Rodriguez at 253-3656.

DoD National School Lunch

Personal Services Division is accepting applications for the Department of Defense National School Lunch Program for School Year 1999/2000. The application form is available at the Personal Services Division, Bldg. 210, Rm. 232. For more information call 253-3070.

Consignment Sales Shop Open Hours

The Consignment Sales Shop, located on the second floor of Crossroads Mall, is open Mondays, Tuesdays and Saturdays, 10 a.m.-2 p.m. and Wednesdays, 4-7:30 p.m. Consignments and donations are accepted during operating hours or in the drop box after working hours. For more information call 253-4721.

Elementary school Open House

M.C. Perry Elementary School will host an Open House Wednesday, 6:30-7:30 p.m. Teachers will explain programs and expectations for the upcoming school year. There will be three presentations held in each classroom in order to allow parents with more than one child to hear each teacher's presentation: 6:30-6:60 p.m., 6:50-7:10 p.m. and 7:10-7:30 p.m.

Marine Corps Community Services Bazaar Volunteers Needed

The 1999 Parent Teacher Organization/MCCS Bazaar, to be held Oct. 2-3, needs volunteers to help set up, break down, and assist vendors. Tables will be set up Saturdays 10 a.m.-2 p.m. and Sundays noon-4 p.m. through September at Crossroads Mall and the Main Exchange. For more information call Jeannie Schnoor 253-2990 or Pam White at 253-2465.

Big Brother/Big Sister

Dependable adults who are interested in volunteering one to two hours a week with a child should call Community Programs at 253-3737.

Local and Federal Employment Workshop

The Local and Federal Employment Workshop will be held Thursday, 9-10:30 a.m. in Bldg. 210, Rm. 203. The workshop explains Iwakuni's local job market and the application processes.

Instruction is given on completing the SF 171, OF 612, Federal Resume, KSA forms and computer applications. The workshop is ideal for all job seekers. For more information call the Career Resource Management

Center at 253-6439.

Basic Resume Workshop

A Basic Resume Workshop will be held Sept. 8, 9-10:30 a.m. This customized workshop focuses on identifying skills, training, and experiences that translate to marketable job qualifications. Resume formats and how to determine which is best will be discussed. For more information call the Career Resource Management Center at 253-6439 or stop by Bldg. 210, Rm. 203.

DORS Electronic Resume

The Defense Outplacement Referral System, a free Department of Defense electronic resume service, puts resumes in front of more than 20,000 stateside employers who are hiring transitioning military and DoD personnel, retirees and their spouses. For more information call the Career Resource Management Center at 253-6439 or stop by Bldg. 210, Rm. 203.

TBB Job Listing

Transition Bulletin Board Job Listing, a computerized Department of Defense-funded program, is available free to all DoD personnel, retirees, and spouses. The TBB lists thousands of federal and civilian job openings worldwide, scheduled stateside job fairs, detailed information on starting your own business and more. Call the Career Resources Management Center at 253-6439 for more information.

L.I.N.K.S. Session

The Lifestyles, Insights, Networking, Knowledge and Skills Program, designed to assist spouses by providing useful information about the military lifestyle, is offering Mentor Training Sept. 27-29, in Bldg. 210. For more information call Sylwia Pleak at 253-3668.

Parent Training

The second session of Daddy's Baby Boot Camp and Mom's Basic Training will be held on Wednesday, 11:30 a.m.-1 p.m. in Bldg. 210, Rm. 120. This class is free and is open to both the military and civilian community. For more information and to register call 253-6553.

Playgroup

Parents and their children ages birth to 6 years old are invited to participate in Playgroup, which will be held Tuesday, 9:30 - 11:00 a.m. in Bldg. 589 community room, and is free. For more information call Community Programs at 253-3737.

Education



Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society is offering tuition assistance for Term II at Troy State University, University of Maryland and Central Texas College to spouses of Navy and Marine Corps personnel. Amounts up to \$300 are available for undergraduate study and up to \$350 for graduate work. Tuition aid is granted one term at a time, and is based on need. Paperwork and interview must be completed by Sept. 17. Stop by the Education Office or the Navy Relief Office to pick up

Chapel's Weekly Services

Sunday

7:30 a.m.	Catholic Mass (Chapel Annex)
8:15 a.m.	Liturgical Worship Service (Chapel Annex)
9 a.m.	Catholic Mass (M.C. Perry Elementary School Gym)
10 a.m.	Church of Christ Lay Leader Service (Chapel Annex, Rm. 103)
10:15 a.m.	C.C.D. (Chapel Annex)
	Gospel Sunday School (M.C. Perry Elementary School, Rm. 423B)
10:30 a.m.	Protestant Divine Worship Service (M.C. Perry Elementary School Gym)
12 p.m.	Gospel Divine Worship Service (M.C. Perry Elementary School Gym)
12:30 p.m.	Church of Jesus Christ, Latter Day Saints (Chapel Annex)
2:15 p.m.	Church of Jesus Christ, Latter Day Saints Sacrament (Chapel Annex)

Call 253-5218 for more information.
For information on Jewish Services call Mark Zeid at 082-231-4008 after 6 p.m. or call the station chapel.

spouse tuition packet. Bring LES, identification card and completed paperwork to interview. For an appointment call 253-5311.

Troy State University

Troy State University offers a master of science in management degree. The MSM is a graduate-level business degree that exposes students to all or most of the functional areas of business. For more information call 253-6051 or stop by Bldg. 210, Rm. 126.

ASE Examinations

The National Institute for Automotive Service Excellence has announced the semiannual certification examinations to uniformed military personnel Nov. 7-9. For certification criteria, the examinee must have a minimum of two years of experience as a repair technician. Application to the Education Services Office is due by Tuesday. For details call 253-3855 or stop by Bldg. 210, Rm. 109.

Test Schedule

Every Tuesday/Friday

- College Level Examination Program
- DANTES Subject Standardized Test
- Sept. 22 - ACT Examination
- Sept. 23 - Scholastic Assessment Test
- Sept. 27 - Electronics Data Processing Test
- Sept. 29 - Defense Language Aptitude Battery
- Defense Language Proficiency Test
- Sept. 20 - Armed Forces Classification Test

For more information call the Education Services Office at 253-3855.